

Yogini Tantra

Love in Ancient India Nawa Yogini Tantra Ashta Maha Yogini Tantra Matrika Yogini Tantra The Heart of the Yogini Nawa Yogini Tantra The Yogini's Eye Tantra Yoga Secrets Kundalini tantra Kundalini Tantra Yogin Kundalini tantra The Goddess of Tantra The Heart of the Yogini Kundalini tantra Kulava Tantra Kulava Tantra Introduction to Tantra M.L. Varadpande Swami Muktananda Saraswati Ajit Kumar Swami Ayyappa Giri Andre Padoux Swami Muktananda Wayne Verrill Mukunda Stiles Swami Satyananda Saraswati Swami Satyananda Saraswati Guido Zanderigo Harihara Prasad Tripsh Shambhavi Lorain Chopra Svami Satjananda Sarasvati Pranab Bandyopadhyay Swami Saraswati Satyananda Târânâtha Vidyâratna Tiruntha Vidyaratna Sir John George Woodroffe

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this book chronicles the story of love which is considered an indian creation the first love story of the world was found in the rig veda and the first comprehensive work on love was written in india with kamasutra becoming one of its offshoots love techniques were perfected over centuries and sculpted on the walls of temples of khajuraho and konarak since ancient times rishis in india have believed that it was love which came first and then followed the world the origin and evolution of love in india is traced by the author in an elaborate manner providing invaluable insights which make this book a rare treasury in itself the book draws from concrete sources including cave paintings ancient archaeological findings and a mass of literature belonging to the vedic and buddhist eras to give a complete portrayal of love through love lyrics humorous plays and erotic descriptions love in ancient india takes you through a timeless saga of royalty and grandeur beauty and infidelity all of which are interspersed with the concept of the world's most bewitching expression love

yogini tantra is capable of giving everything desired in the world and a practitioner enlightened with it being rare for even gods this great esoteric wisdom is practiced by the lord kubera lord of treasuries prosperity luxury money and luck by virtue of which he is able to become the lord of three worlds heaven earth and underworld in very ancient days eight great female shaktis emerged from the cosmic soul of the principle deities and formed kali or durga the universal shakti power these were the grand mothers ashta matrikas of all subsequent yoginis according to kaula tantra these eight manifested each in turn into eight divine shaktis thus resulting in the 64 tantric yoginis these 64 powerful goddesses have unique personas and powers to fulfill your desires drive away negativity and fear prevent misfortunes and give you knowledge peace all around prosperity

good progeny and auspiciousness of all kinds the goal of yogini worship as described in both purana and tantras was the acquisition of occult powers or siddhis the sri matottara tantra describes 8 major powers as named in the yoga sutras of patanjali namely anima becoming microscopically small giving knowledge of how the world works mahima becoming huge able to view the whole solar system and the universe laghima becoming weightless allowing levitation and astral travel away from the body garima becoming very heavy and powerful prakamya having an irresistible willpower able to control the minds of others ishitva controlling both body and mind and all living things vashitva controlling the natural elements such as rain drought volcanoes and earthquakes prakamaya gaining all one's desires and any treasure

this book is a deep and reverent expression of the legends history qualities and meditative worship of the holy mother goddesses of ancient india known collectively as the ashta matrikas classically informative and truly meditative these pages illuminate the wisdom teachings that each of the goddesses represent and still offer to those who sincerely seek it included are breathtaking paintings of each mother that have been meticulously informed by years of research pilgrimage and dedicated spiritual practice by the author and beautifully revealed by the artist a book for anyone who wishes to grow closer to shakti

though many practitioners of yoga and meditation are familiar with the shri chakra a sacred diagram few fully understand the depth of meaning in this representation of the cosmos the yoginihrdaya a hindu tantric text dating back to the tenth or eleventh century ce discloses to initiates the secret of the heart of the yogini or the supreme reality the divine plane where the goddess tripurasundari or consciousness itself manifests her power and glory through her yantra mantra and worship and padoux with roger orphe jeanty offers the first english translation of this seminal text padoux demonstrates that the yoginihrdaya is not a philosophical treatise aimed at expounding particular metaphysical tenets rather it aims to show a way towards liberation or more precisely to a tantric form of liberation in this life jivanmukti which grants both liberation from the fetters of the world and domination over it

the yogini's eye comprehensive introduction to buddhist tantra volume i systemization and interpretation introduces a new translation series classics of the early sakya which will focus on the extensive literature of the sakya lamdre lineage of the hevajra tantra cycle of revelation this first volume of introduction is the earliest book of its type and comprehensive treatment of the subject matter to have been written and initiated the scholarly study of tibetan buddhist tantra subsequent studies in all lineages were built on the foundation established by this book the yogini's eye has served as the introductory textbook for the study of sakya tantra continuously for over 800 years over the centuries the textbook has been supplemented by a total of fifteen commentaries and study guides written by the most learned scholars of the sakya tradition including lama dampa sonam gyaltsen 1312 1375 yeshe gyaltsen 1300 s 1406 ngorchon kunga zangpo 1382 1450 lowo khenchen sonam lhundrup 1456 1532 ngorchon konchok lhundrup 1497 1547 amezhap ngawang kunga sonam 1597 1659 and dezhung chopel jamyang kunga namgyal 1880 s mid 1950 s this first english edition contains the translation of thirteen of these study guides excluding all repetitive sections inserted into the original book in the appropriate context

the practice of tantra yoga is considered to be the highest and most rapid path to enlightenment master teacher mukunda stiles offers 18 lessons in tantra yoga a practice of transformational self healing in which we can deepen awareness of our bodies

their energy forces and the connections to the natural world around you and those you love while many movements today describe tantra as a sexual practice promising longer and better orgasms increased stamina and ecstasy the real tantra aims to awaken kundalini the dormant potential force in the human personality the tantra tradition includes a vast range of practical teachings leading to the expansion of human consciousness and the liberation of primal energy by heightening their awareness to this connective energy readers will learn to embrace and develop a higher level of intimacy the heart of tantra stiles explains this intimate and life changing practice with grace structure and clarity an easy to follow tantra yoga workshop in book form tantra yoga secrets will empower readers to overcome emotions gain new knowledge and live a more fulfilling spiritual lifestyle

this book is a profound and personal exploration of tantra as a spiritual path it dwells on the incredible discovery of unfolding shakti or spiritual energy which is the essence of all that we see and experience in life

this is the first english translation of the yoginīhṛdaya the heart of the yoginī an important twelfth century sanskrit ritual and religious text of the ṣṛṣṭy one of the main schools of the tantric tradition of kashmir shaivism with explanatory commentary notes a glossary and an index it details the teaching and ritual of the ṣṛṣṭy whose main deity is the fair and benevolent goddess tripurasundarī the supreme yoginī this ancient tradition is still active in nepal and india

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